

UNIVERSAL MANDALA - UNIVERSAL EDUCATION

“A pedagogical journey to awakening Wisdom and Compassion”



PEDAGOGICAL SESSION FOR PARENTS AND CAREGIVERS

Offered by Belén Köhler, founder and director of UNIVERSAL MANDALA.

Saturday November 12thth 2022

Schedule: 10:00 – 14.00 h y 3 a 19h aprox.

LUGAR

UNIVERSAL MANDALA Ibiza Botánico Tecnológico

"There is a vast knowledge and wisdom existing everywhere; what we lack is a UNIVERSAL LANGUAGE that universal people can understand scientifically, logically. One field contains the essence of science, philosophy, psychology, religion ... all content in a whole. All this has to exist simultaneously, without separation ... EDUCATION should bring it all together, not separate it"



UNIVERSAL MANDALA is an educational initiative that was born to awaken universal wisdom and compassion in children and their families and thereby nurture and unite pedagogies and educational methodologies in a Universal language and approach, integrating the best of East and West in educational approaches.

Universal Mandala

educating mind and heart

and

... setting the scene of the new educational paradigm...

The Mandala Pedagogy and Educational Model focuses on the exploration **of the essential and universal Principles** that lead to the knowledge of our own psychology and the perceptual world that surrounds us, interconnecting both, and leading us consciously to take charge of the life we want to live every day, thus becoming active designers of a wiser and more compassionate world....a happier world...

The participants will obtain a presentation and introduction to the essence of this innovative Educational Pedagogy, as well as the presentation of the strategies and tools that will show us the way **towards an education that connects us with our unlimited potential of Wisdom and Kindness.**

Pedagogical Session and Educational Tools

FUNDAMENTAL UNIVERSAL PRINCIPLES INVOLVED IN THE PROCESS

MINDFUL INTENTION/MOTIVATION. What Do we really Want?

INTERDEPENDENCE AND INTERCONNECTION. (a) Everything Comes from Something, and (b) Everything is Connected.

IMPERMANENCE. Everything Changes.

PERCEPTION. Our Mind Creates our Reality. Nature of the Mind.

TRANSFORMATION Emotions Can Be Transformed.

EMPATHY Extending our Understanding to Others.

COMPASSION INTO ACTION. Putting our **Compassion** into Action.

We'll explore the philosophy, pedagogy and methodology of the Universal Mandala Educational Model, as well as researching its original and creative **teaching tools** to enable you to incorporate and adapt them to personal activities in your daily life, regardless of your work area or interest, but especially if we have children or teenagers in our lives or we are working with them.

The pedagogical session is experiential and interactive, providing an open environment to collaboration, sharing experiences, ideas, questions and answers and whose results you will be able to implement from day one.

CONTENT

UNIVERSAL MANDALA STRATEGIES, TOOLS, ACTIVITIES AND PEDAGOGICAL RITUALS.

1- CONNECTING WITH OUR CORE VALUES.

GONG and Mindfulness – Awareness for Children and Teachers.

Asking and listening to children.

Golden Commitments and Limits

Intention/Motivation of the day (child and adult).

Goodness Detectors.

2- MANDALAS our place in the world. INTERCONNECTION AND INTERDEPENDENCE.

3- The nature of CHANGE and IMPERMANENCE.

4- The nature of the MIND AND PERCEPTION.

5- THE SEVEN COLOURS AND TRANSFORMING EMOTIONS.

Conflict resolution: The Revolutionary Rs, the Shell and Cristal Heart, Peace corner

6- EMPATHY AND RESPONSIBILITY.

7- ME IN ACTION! Being the change I wish to see in the world.

8- OTHER RESOURCES. – Activities examples, children literature...



"UNIVERSAL MANDALA - Being the change we wish to see in the World"

www.universalmandala.org